

Career ideas with... PE/Sport



Sport and fitness

Cycling instructor
Fitness instructor
Football coach
Health trainer
Personal trainer
Physiotherapist
Pilates teacher
Martial arts instructor
Nutritionist
Sports and exercise scientist
Sports coach
Sports psychologist
Swimming teacher
Yoga teacher

Leisure

Customer service assistant
Horse riding instructor
Leisure centre assistant
Leisure centre manager
Lifeguard
Outdoor activities instructor
Sailing instructor
Visitor attraction manager
Visitor experience assistant

Sports professional

Athlete
Basketball player
Boxer
Cricketer
Footballer
Golfer
Jockey
Rugby player
Swimmer
Tennis player

Other sport-related

Diver
Football referee
Further education teacher
Groundsperson
Higher education lecturer
Journalist
PE teacher
Racehorse trainer
Sports administrator
Sports commentator
Sports development officer
Sports therapist

Two-thirds of people in England aged 16+ are physically active – this means they do 150 minutes or more of moderate intensity physical activity a week

Some of these jobs involve doing freelance or casual work, during evenings and weekends

You could be working outdoors, at a sports venue or in an office

Teamwork, communication and leadership are essential skills for many jobs in sport

Remember: It is important to study a broad and balanced range of subjects. Look at <https://nationalcareers.service.gov.uk/explore-careers> for more information about different jobs.