

# Career ideas with... Food Preparation and Nutrition



## Catering and hospitality

Baker

Barista

Butcher

Cake decorator

**Catering manager** 

Cellar technician

Chef

**Counter service assistant** 

Fishmonger

Front of house assistant

Kitchen assistant

Restaurant manager

Street food trader

Waiter

Wine merchant

### Manufacturing

Bottler

Food factory worker

Food packaging operative

Food safety officer

Food technologist

Meat process worker

Microbrewer

**Production manager** 

**Quality manager** 

**Technical brewer** 

#### Science

**Biochemist** 

Consumer scientist

Food scientist

Laboratory technician

Microbiologist

Research scientist

#### Health

Dietitian

Health promotion specialist

**Health trainer** 

Nurse

**Nutritional therapist** 

**Nutritionist** 

Personal trainer

#### Other

**Environmental health officer Journalist** 

**Marketing executive** 

**Retail buyer** 

**Retail manager** 

Secondary school teacher

The catering and hospitality industry has a high level of staff shortages which means there are lots of job vacancies all over the UK

Some of these jobs involve working shifts, which include evenings and weekends

Workplaces vary from factories and kitchens to laboratories and offices

You need to be able to work well as part of a team - and under pressure - for some of these iobs

**Remember:** It is important to study a broad and balanced range of subjects. Look at **https://nationalcareers.service.gov.uk/explore-careers** for more information about different jobs.