

# National School Breakfast Programme



We are delighted to offer a FREE Breakfast provision in school for our children.

The breakfast, that is provided by the National School Breakfast Programme runs from 8:15 in the glass canopy, offering toasted, buttered bagels.

The National School Breakfast Programme is funded by the Department for Education and run by Family Action to support schools in England to provide children with a healthy breakfast at the start of the school day.

Family Action is committed to supporting child development, and believe a healthy school breakfast, without barrier or stigma, can set up children to succeed and give them the very best chance to learn.

Feedback from our children and parents has been fantastic offering a great start to the day with food and an opportunity to socialise with fellow students.

In a normal school year, schools are open just over half the year (taking into account weekends and school holidays). This means even where breakfast is available within school, children are still having breakfast at home almost 50% of the time. Below you will find tips, ideas, information, recipes, videos and quizzes to make breakfast time an easy part of your morning routine at home.

<https://www.family-action.org.uk/what-we-do/children-families/food/breakfast-support/breakfast-at-home/>