



We are delighted to offer a FREE Breakfast provision in school for our children from September 2023.

The breakfast, that is provided by the National School Breakfast Programme runs from 8:20 – 8:45 and serves toasted bagels. These are widely accessible and free to all students from the outdoor canopy. As this is a free “grab and go” option, we will not be monitoring the uptake of this provision and we ask you to review and share with your child the allergy information within this document and advise the school if you wish your child not to participate via office@aschc.com . The spread used on the bagels is the same as Kirklees use for their catering provision provided throughout the day in school. **It is entirely yours and your child’s responsibility to be aware of the ingredients and any implications this may have on their health if they consume the bagels we have on offer.**


The National School Breakfast Programme is funded by the Department for Education and run by Family Action to support schools in England to provide children with a healthy breakfast at the start of the school day.

Family Action is committed to supporting child development, and believe a healthy school breakfast, without barrier or stigma, can set up children to succeed and give them the very best chance to learn.

Feedback from our students has been really positive since we launched this provision September 2023.

In a normal school year, schools are open just over half the year (taking into account weekends and school holidays). This means even where breakfast is available within school, children are still having breakfast at home almost 50% of the time. Below you will find tips, ideas, information, recipes, videos and quizzes to make breakfast time an easy part of your morning routine at home.

<https://www.family-action.org.uk/what-we-do/children-families/food/breakfast-support/breakfast-at-home/>

New York Bakery ® Bagels (Frozen)			
Ingredients	Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Maize, Rapeseed Oil, Yeast, Salt, Wheat Gluten, Malted Barley Flour , Flour Treatment Agent (Ascorbic Acid).		
Allergens	Wheat flour (gluten), Wheat Gluten, Malted Barley Flour (gluten).		
Advisory note	May also contain traces of sesame . Contains yeast. Contains maize.		
Good to know	Suitable for Vegetarians and Vegans. Product is Halal and Kosher certified. Free from artificial colours and flavours. Made on a nut-free site.		
Nutritional Information			
Typical values	Per 100g	Per 115g bagel(1 serving)	% of Reference Intake(RI) per serving
Energy	1087kJ +/- 20%	1250kJ +/- 20%	15%
	257Kcal +/- 20%	296Kcal +/- 20%	15%
Fat of which saturates	1.6g +/- 1.5g	1.8g +/- 1.5g	3%
	0.2g +/- 0.8g	0.3g +/- 0.8g	1%
Carbohydrates of which sugars	50.0g +/- 0.8g	57.5g +/- 0.8g	
	5g +/- 2g	5.8g +/- 2g	7%
Fibre	3.1g +/- 2g	3.6g +/- 2g	
Protein	9.1g +/- 2g	10.4g +/- 2g	
Salt	0.65g +/- 0.375g	0.75g +/- 0.375g	12%